

Quarter Nursery Pre-school Home Learning Grid



Health and Wellbeing

- Read or watch the story of Lucy's Blue Day: https://www.youtube.com/watch?v=UmrUV8v-KQg Ask your child: What made Lucy happy/sad? What makes you happy? Think about what you could do to make your friends happy?
- Can you draw a picture of what makes you happy and talk about it?
- Would you like to try some children's yoga? Click this link to discover a range of exciting yoga videos specifically designed for children: https://www.youtube.com/c/CosmicKidsYoga/videos
- Try some meditation to help your child relax and unwind, particularly at bedtime. Click the link to discover some children's meditation videos: https://www.youtube.com/c/NewHorizonHolisticCentre/videos
- Can you help make dinner for the family? You could have a try at peeling/chopping vegetables or stirring the sauce?
- Can you do one good deed per day? This could be helping with the dishes, tidying your toys or making your bed?

Numeracy and Maths

- Can you incorporate counting into your daily routine? I.e. counting out cups/cutlery at mealtimes or count how many steps it takes going upstairs?
- Listen to this song about numbers.
 https://www.youtube.com/watch?v=eTHD8i-n4Hc
- Can you write numbers 0 to 10 on small cards and hide them around the room/garden, then carry out a number hunt. Can you support your child to arrange these numbers in order? Using toothpicks/cotton buds/other small items, can you count out the matching number of items corresponding to the written number
- Visit this website for lots of online maths games: https://www.topmarks.co.uk/maths-games/3-5-years/counting

Literacy and English

- Read or watch the story of the 'Stick Man' by Julia Donaldson
 - https://www.youtube.com/watch?v=QUdtUIr5j
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 - Ask your child: What happens in the story? Who did the Stick man meet on his journey? What was their favourite part of the story and why?
- Can you create your own picture/model of the stick man or his family tree?
- Can you identify rhyming words within the story? e.g. jog/dog, stick/trick, best/nest
- You could also go a walk and see if you can find any sticks and make the stick man family?
- You can find further stick man activities here: https://www.stickmanofficial.com/activities/

Learning Across the Curriculum

- Gloop Can you help to measure and mix the ingredients? Here a link to help you along: https://www.learning4kids.net/2012/05/02/how-to-make-gloop/
- Floating and sinking Can you collect objects around the house and fill a basin/the bath with water. Have a guess to see what you think will float and what will sink. You can even record this and show us your results!
- <u>Den building</u> Collect covers, blankets and pillows and see if you can build a fort to hide in. why not use this as story den?
- Puppets Can you create your own puppets? Use any old/loose objects you can find around the house and glue/stick them onto a pair of old socks. Can you use your puppet to tell a story or make a puppet show?
- <u>Lego</u> What can you build from your Lego? Can you build a house, castle or a space ship?

Other useful links:

- https://www.learning4kids.net/
- Makaton Song time- https://www.bbc.co.uk/cbeebies/watch/something-special-nursery-rhyme-compilation
- Topmarks- https://www.topmarks.co.uk/search.aspx?subject=37
- Scottish Book Trust- https://www.scottishbooktrust.com/songs-and-rhymes
- Go Noodle Music and Movement- https://www.gonoodle.com/
- Nursery songs and rhymeshttps://www.bbc.co.uk/programmes/p06kbsbz
- BBC Bitesize- Educationalhttps://www.bbc.co.uk/bitesize/clips/zg96sbk

Please take photos/videos of what you are doing at home and send them into your child's learning journal. We love to see what you have been getting up to!